



TEN STEP TUESDAY

Cleaning Pump Parts

It's Ten Step Tuesday!



Keeping breast pumps clean is critical, because germs can grow quickly in breast milk residue that remains on pump parts. Following these steps can help prevent contamination and protect our patients:

- Take apart breast pump tubing and separate all parts that come in contact with breast/breast milk. Rinse breast pump parts that come into contact with breast/breast milk by holding under running water to remove remaining milk.
- Place pump parts in a wash basin. Do not place pump parts directly in the sink! Add soap and hot water to basin. Do not allow pump parts to soak between uses. Wash pump parts and rinse by holding items under running water.
- Place pump parts and wash basin on a clean dish towel or paper towel in an area protected from dirt and dust. There is no need to use a dish towel to rub or pat items dry! Allow pump parts to air-dry after each use.

For more information contact

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